



Discussion Guide

- 1) What is the chief principle of the Responsibility Tool? Why is it so critical in determining whether you succeed or fail in resolving your personal crisis?

- 2) Why is your attitude so important in your pursuit of personal progress? Is anyone willing to share how a good attitude has helped you and a bad attitude has hindered you?

- 3) What does it mean to “look back” over your crisis? Why are you in crisis? Are you being honest with yourself about the reasons for your crisis?

- 4) What does it mean to “get out” of your crisis? What do you have to do to resolve your crisis? How can you make sure you’re not “jumping out of the frying pan and into the fire?”

- 5) What does it mean to “take note” of your crisis? What have you learned about yourself from your crisis? Have you stopped the revolving door of your crisis, or are you going through the same problems over and over and over again?

- 6) Any other questions or comments?

- 7) Close in prayer.